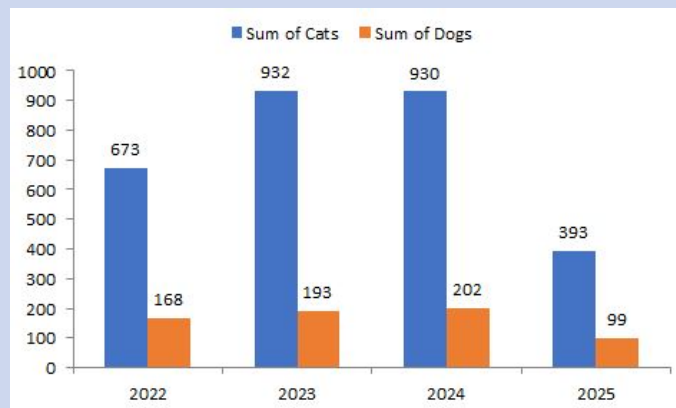
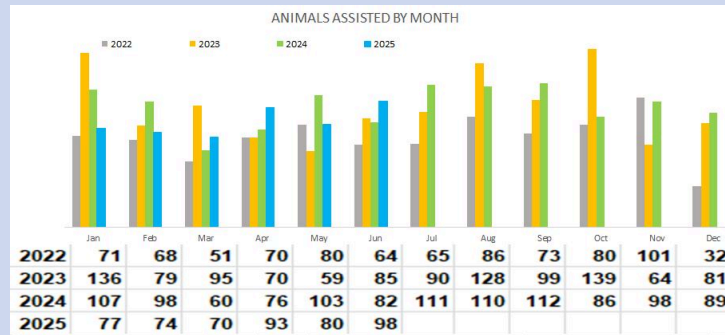
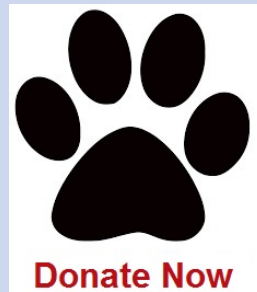




Summer Newsletter 2025

Paws In Need is a California 501 (c) (3) Non-Profit organization dedicated to improving animal welfare in our local community.



REMINDER

Did you know that:

- California law generally requires dogs and cats over the age of four months to be spayed or neutered, or for the owner to obtain an unaltered dog or cat license.
- Exceptions to the rule apply only to recognized breeders or veterinarians who certify that spaying or neutering poses a high risk of harm due to age or illness.

- Violations of this law can result in fines and, in some cases, mandatory sterilization.
- Public Animal Control agencies and shelters cannot release unaltered dogs or cats.

Note: If everyone would abide by this law, perhaps California would have the animal overpopulation issue under better control.



In past issues, we have called your attention to foods that should not be ingested by your beloved pet, and if any of these are ingested, can lead to emergency visits to a vet, or in the worst case, can be fatal.

In this issue, we would like to share a list of those food items that are actually beneficial to your pet's health and that can be offered in your home or on your next outing:

1. **Carrots** – are not just crunchy but also are packed with fiber and essential vitamins. Raw carrots are fine but steamed or boiled is better for its digestion.
2. **Apples** – are an excellent pet friendly food, loaded with nutrients such as dietary fiber and vitamin C. Make sure to remove the core and seeds as these contain trace amounts of toxic cyanide.
3. **Watermelon** – is a delicious food that is hydrating, refreshing and filled with Vitamin A, B6 and C. Make sure to remove the seeds and rind first, before feeding it to your pup.
4. **Cooked Chicken** – is rich in protein that is essential for muscle development.
5. **Strawberries** – are packed with vitamins and antioxidants, especially high in vitamin C.
6. **Sweet Potatoes** – are a major source of dietary fiber, vitamins and minerals. Make sure to cook them thoroughly to aid digestion. You can also substitute pumpkin for sweet potatoes, but if using canned pumpkin make sure it is 100% pumpkin NOT pumpkin pie filler.
7. **Green Beans** – are a low calorie, nutrient-rich option, which is an excellent source of iron, calcium, Vitamin A, C and K. Choose fresh or frozen that are free from added salt or seasoning and cook them until soft to ensure they are digestible.
8. **Blueberries** – offer a multitude of health benefits for cats and dogs and are full of antioxidants.

Note: Moderation is the key when offering any of these foods to your pet to avoid stomach upset.



tips to minimize risk of heatstroke in pets



BISSELL PET FOUNDATION®
Until every pet has a home.

- Keep pets off hot asphalt in extreme heat to prevent overheating & burns.
- Make sure your pets have access to shade & fresh, clean water.
- Never leave your pets unattended in a vehicle.
- Understand your pet's tolerance to heat. Pets that are obese, elderly, have thick fur coats or flat faces are more prone to heatstroke.



what temperature are pets at risk of heatstroke?



Important Reminder:

This is an important reminder to all dog owners to take extra care and precautions this summer when walking your dog. It is best to take your dog on walks in the early morning, late afternoon or early evening when the temperature is lower and walks are more enjoyable for your dog. Often times, pet owners do not heed this advice and are seen walking their dogs in the early to mid-afternoon when the temperature is at its highest, and the ground surface is so dangerously hot that it can even burn your pet's paws. Finally, remember to make sure that the dog has a cool, shady spot to rest outside during the heat of the day, to provide plenty of cool water, and to avoid leaving the water in a sunny location!



7 amazing facts about kittens (Courtesy of Best Friends)

1. **One litter of kittens can have multiple due dates.** The heat cycle of a cat is about one week. That means she can get pregnant with one father and then another several days later.
2. **Kittens with short hair open their eyes sooner than kittens with long hair.** Scientists do not know why this is, but it is true of every breed.

3. **Kittens can get pregnant as young as 5-months-old.** A 5-month-old cat still looks like a baby, but biologically they're mature enough to have babies of their own. That is why spaying and neutering is so important.
4. **If kittens smell something unfamiliar, they hiss.** Kittens are born with their eyes and ears closed. Smell is one of their only senses and allows them to know when danger is close.
5. **When kittens are nursing well, their ears wiggle.** There is a muscular connection between a kitten's head muscles that causes their ears to wiggle when they have successfully latched on to the bottle.
6. **A kitten's whiskers are as long as their bodies are wide.** Kitten's whiskers grow to be as wide as their bodies are wide to help them navigate the world.
7. **Kittens are blind and mostly deaf until they are 2 to 3 weeks old.** Kittens open their eyes for the first time when they're around 1 week old, although they still cannot see very well. They also can't hear clearly at first. They're completely dependent on their mom during this time.

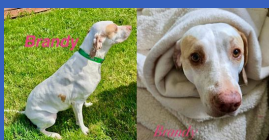


On July 1, 2025, East Bay SPCA began providing compassionate care and shelter for stray dogs and underage, ill or injured cats found within the City limit of Livermore. Animals found in unincorporated area are still accepted by the East County Animal Shelter. This will insure that the animals get the immediate medical attention that they need.

EBSPCA provides the following services:

- Full Service Vet Clinics
- Spay/Neuter Clinics
- Vaccine Clinics
- Pharmacy
- Feral/Community Cat Program
- Euthanasia/Cremation
- Behavior Training
- Pet Food Pantry
- Rehome/Surrender a Pet

For all the services they provide please visit their website at <https://eastbayspca.org/>



Brandy girl

This beautiful pointer was in need of surgery for a mass on her ear. Recently adopted from a pointer rescue group in Idaho after her original owner passed away, [Read more...](#)





Meet sweet Cookie

This beautiful girl had an accidental litter because her parents couldn't afford to get her spayed. [Read more...](#)



Cookie 2

PIN had two dogs named Cookie that needed assistance this month. A great family adopted her, but couldn't afford full price for her spay procedure. [Read more...](#)



Beautiful Rose

This beautiful shepherd came to us after having an accidental litter. This is a common tale we hear much too often! [Read more...](#)



Announcing new ways to support our cause!

Our dedicated team of volunteers understands that not everyone is able to donate to our organization, which is why we are always looking for ways to make donating easy and painless. These programs may not amount to much individually, but collectively these funds translate into helping Paws In Need continue our mission of improving animal welfare in our local community!

Check out our "Support Us" section on our website www.paws-in-need.org for more information.



Your gift keeps pets safe, healthy and out of shelters

Introducing a new, easy way to donate to Paws In Need!

Now, giving back is easier than ever with Elev8, a secure platform that lets you round up spare change from everyday purchases. It takes just 3 minutes to start.

Elev8 is PCI compliant, so your card info is always encrypted and protected.

We hope you'll take advantage of Elev8's round-up program to help support even more animals in our local community without any added stress on your budget!

For more information, visit our website at www.paws-in-need.org.

Stay tuned for more details arriving soon in your email inbox.



Walmart Spark Good Round Up Program!

Customers shopping on Walmart.com or in the Walmart app can round up their purchase to the nearest dollar at checkout and have the change donated to Paws In Need.

It's super easy. When a Walmart customer shops on a mobile phone or computer, they can select to support our organization and will be prompted to donate each time they check out.



Rotary Club of Pleasanton – Paws In Need would like to thank the Rotary Club of Pleasanton from the bottom of our hearts for the generous repeat grant award. This ongoing community support of our life-saving programs is greatly appreciated!

Rotary International is an organization of business and community leaders who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. To achieve that end, Pleasanton Rotary seeks to support the human service needs of our community.



Walmart Spark Good Local Grant Program

Walmart believes that investing in local communities strengthens our business as well as the communities served. Local grants are designed to support local organizations that meet the unique needs of the communities, build pride among all associates, and deepen relationships with customers.

Each year, Walmart U.S. stores, Sam's Clubs and Distribution Centers award local cash grants. Paws In Need is the proud recipient of one of these local grants. Our organization is truly grateful for these funds that go directly towards assisting animals and pet owners in need.



Welcome

Please join us in welcoming our newest Board Member Linda Heyes. Linda has been an invaluable member of our team for the past ten years serving as Senior Accountant and recently accepted the invitation to join the Board of Directors as Director of Accounting and our new Bottle Babies Program.



**TRI-VALLEY
NONPROFIT
ALLIANCE**

**RESOURCE &
VOLUNTEER EXPO**

SATURDAY, AUGUST 23 2025 | 10AM - 1PM

ROBERT LIVERMORE COMMUNITY CENTER
4444 EAST AVE. LIVERMORE, CA 94550

**Connect with nonprofits to access resources
or find opportunities to volunteer!**

- Childcare
- Food
- Job Counseling
- Senior Support
- Housing
- Healthcare
- Mental Health
- Disabilities
- Pet Care
- And more!

**FREE FOOD, FAMILY FUN, &
SWIM PASS GIVEAWAYS!**

SPONSORED BY

Please join us and meet members of the Paws In Need team at the upcoming **Tri-Valley Non Profit Alliance Resource & Volunteer Expo** on Saturday, August 23rd, from 10am – 1PM at the Robert Livermore community center. There will also be free food, family fun and swim pass giveaways!



Don't know what to do with all the unwanted stuff? No worries, you can contact our volunteer, Linda Gray, if you have any items you would like to part with, such as jewelry that you no longer wear, gift cards that you just cannot use, that figurine just collecting dust, or anything that can be sold on EBay to generate proceeds for PIN.

Please contact Linda at 925-243-1225 or e-mail her at lgmmattner@sbcglobal.net to arrange for pick up or drop off of items. Your donation will help us cover the costs of our vital programs to keep pets healthy and together with their loving families.



Facebook Fundraiser.

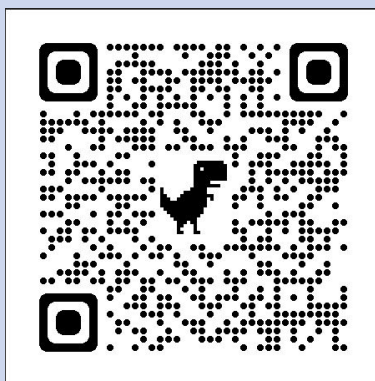
We would like to thank Jen Kraus for choosing Paws In Need as the recipient of her Birthday Fundraiser.

If you would like to set up a fundraiser for your birthday or any occasion, simply choose Paws In Need as the recipient, it is as easy as 1-2-3. When on Facebook, search for Fundraisers and follow the simple instructions.



Ways to Donate to Paws In Need

Tax ID #45-5391297



Scan the QR code to quickly connect to our website.

Employer Giving Campaigns: If you are an employee of a company that has a giving campaign, please consider giving to Paws In Need. Most companies allow a change to your allocation throughout the year - you don't have to wait for the annual enrollment period.

Network for Good: Use this site to contribute to Paws In Need - <https://www.nfggive.org/home>. Network for Good makes giving to charity easy and convenient, anywhere online through their trusted charitable fund.

[Click here to see all the choices!](#)



Paws In Need

P.O. Box 3436, San Ramon, CA 94583

Call [925-551-1877](tel:925-551-1877) Email: info@paws-in-need.org [#Paws-In-Need](https://www.facebook.com/Paws-In-Need)

Website <http://www.paws-in-need.org>

Facebook <https://www.facebook.com/PawsInNeedBayArea>

Twitter <http://twitter.com/PawsInNeedBA>

Pinterest <http://www.pinterest.com/PawsInNeedBA>

LinkedIn <https://www.linkedin.com/company/paws-in-need>

Instagram <https://www.instagram.com/pawsinneedba>

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Paws In Need is committed to providing an environment that is free from discrimination because of race, color, creed, religion, national origin, ancestry, disability, gender, sexual orientation, or age, in any of its activities or operations

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